



# Disability Retirement Application Forms

## Inside this packet:

- ◆ Application for Disability Retirement Checklist
- ◆ Instructions for Completing the MCERA Disability Retirement Application
- ◆ MCERA Disability Retirement Application Form
- ◆ Statement of Representation Form
- ◆ Authorization Forms for Release of Medical, Psychiatric and Employment Information

# Introduction

This document contains the Disability Retirement Application as well as all other required forms. You can use the checklist on the following page as a guide to ensure that you return a complete disability retirement application packet to MCERA. Instructions for completing the Disability Retirement Application are also included.

## Disability Retirement Counseling

You may contact MCERA to schedule a disability retirement counseling appointment either before or after you file your Disability Retirement Application. The Disability Coordinator will review the following topics with you:

- ◆ Eligibility requirements for service connected disability retirement, non-service connected disability retirement, and service retirement.
- ◆ Supporting documentation needed to process the disability application.
- ◆ Effective date of benefits.
- ◆ Timeline and applicant's role.
- ◆ Reciprocity.
- ◆ Safety member presumption requirements.
- ◆ Legal representation.
- ◆ Health, dental, and vision coverage, before and after the disability application process.
- ◆ Current beneficiary designation and death benefits.

## Additional Resources

If you have questions as you complete the forms, the following resources are available:

- ◆ **Disability Retirement Handbook**  
The handbook is available online at [MCERA.org](http://MCERA.org) or upon request.

- ◆ **MCERA Staff**  
If you have questions about disability retirement, please contact:

Linda Martinez  
MCERA Disability Coordinator  
(415) 473-6153  
[LMartinez@marincounty.org](mailto:LMartinez@marincounty.org)

If you have questions about service retirement benefits, please contact:

MCERA Active Member Benefits  
(415) 473-4148  
[MCERABenefits@marincounty.org](mailto:MCERABenefits@marincounty.org)

# Application for Disability Retirement Checklist

In order for MCERA to accept and deem your application for disability retirement complete, you must submit one original and three copies of all of the following required documents.

- ☐ **Disability Retirement Application.** The form can be completed electronically or by hand with clear printing and dark ink, and must be submitted in hard copy with an original signature. Instructions for completing the Disability Retirement Application are included in this packet.
- ☐ **Statement of Legal Representation** (if represented). This form must be signed by your attorney. A letter of representation from your attorney may be substituted in place of this form.
- ☐ **Physician Statement.** A statement from your treating physician that includes written diagnosis of your injury or illness, the prognosis that your disability is permanent, and the causation (if applicable) that must be on your physician's stationery.
- ☐ **Job Description.** As noted in Section 6 of the Disability Retirement Application, you must include a copy of the job description for the position you held at the time of the injury/illness.
- ☐ **MCERA Authorization for Release of Medical, Psychiatric and Employment Records and Information.** Section 1 of this form can be completed electronically or by hand with clear printing and dark ink.
- ☐ **Kaiser Permanente Authorization for Use and/or Disclosure of Member/Patient Health Information.** This form can be completed electronically or by hand with clear printing and dark ink. You may only omit this form only if you have never been treated at a Kaiser facility or by a Kaiser physician.
- ☐ **UCSF Medical Center Authorization for Release of Health Information.** This form can be completed electronically or by hand with clear printing and dark ink. You may omit this form only if you have never been treated at a UCSF facility or by a UCSF physician.
- ☐ **All Supporting Medical Records and Reports.** It is your responsibility to provide MCERA with any documentation that will support your claim. The documentation must prove that you are permanently disabled from substantially performing your usual and customary job duties. For a service connected disability retirement, the documentation must also demonstrate that there was a "real and measurable" connection between your employment and the disability. Supporting documentation may also include copies of x-rays, MRI, CT scans, or any other tests or films, preferably on CD.

# Instructions

## for Completing the Disability Retirement Application

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### Section 1

#### Application Type

Indicate whether you are applying for service connected or non-service connected disability retirement. You must have at least five years of credited service to be eligible for a non-service connected disability retirement.

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### Section 2

#### Applicant Information

Please fill out this section thoroughly, including your contact information and Social Security number. This enables us to communicate with you regarding your application. If you change your address and/or phone number, please inform us of your new information immediately.

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### Section 3

#### Current Employment Information

Provide the information requested about your current or most recent MCERA-covered employer, including accurate information regarding your pay status if you are still employed. This information is important because it will assist MCERA in determining the effective date of your disability retirement if your application is granted.

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### Section 4

#### Attorney Information

You are entitled to legal representation at your own expense but you are not required to have an attorney. If you are represented by legal counsel please complete the information in this section as well as the Statement of Legal Representation form. Your legal counsel will then be MCERA's contact throughout this process.

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### Section 5

#### Description and Onset of Subject Injury/Illness

Tell us about your disability. The more complete this information is, the better the Medical Advisor can make a recommendation on your disability status. If there was a delay between your filing of the application and your last day of regular compensation from an MCERA-covered employer, please explain why. If you have more than one illness/injury, you may provide the information and file the application for both conditions. However, you must provide independent supporting documentation for each. You may not add an additional illness or injury to your application later, but instead would need to file a new, separate, application.

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**Section 6****Job Description and Essential Functions**

Attach a copy of the job description for the position you held at the time of the injury/illness and indicate whether the job description is accurate. List the usual and customary duties of your position and state in detail the duties you cannot now perform due to your injury/illness.

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**Section 7****Workers' Compensation Relating to Subject Injury/Illness**

Provide information on any Workers' Compensation claims you have filed relating to the injury/illness.

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**Section 8****Physician Information Relating to Subject Injury/Illness**

Provide complete contact information for physicians and healthcare providers you have consulted for diagnosis or treatment of your injury/illness, including the reason for your visit, and dates of treatment. Also include information for appointments scheduled in the future.

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**Section 9****Information Relating to Similar Injury/Illness**

Indicate whether you have been treated for a similar injury/illness and, if so, provide complete contact information for your treating physicians and healthcare providers including the dates of treatment and whether a Workers' Compensation claim was filed.

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**Section 10****Other Current and Prior Employment Information**

Provide all information regarding current employment in **Section 10B** so that we may contact you regarding your current duties, if you are working for another employer.

In **Section 10C** complete the information for all prior employers for whom you have worked in the last ten years.

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**Section 11****Information Relating to Third Party**

Complete this section if it is possible that your injury/illness was caused or related to any injury, problem or incident involving a third party other than your most recent MCERA-covered employer. If there is no third party involvement check "no" in **Section 11A**.

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**Section 12****Additional Information Supporting Disability Application**

You may include any additional information that might help the Board of Retirement decide your case.

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**Section 13****Physician Information Relating to All Other Health Matters**

Provide the complete contact information, including dates of treatment and reasons for visit, for all physicians and healthcare providers consulted for any other reason during the five years preceding the onset of the injury/illness indicated in **Section 5** of this application.

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**Section 14****Applicant Signature**

By signing the application you affirm that the information provided in the application and the supporting documentation provided is true and correct. Your application must be signed prior to submission or it will be returned to you.

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Marin County Employees' Retirement Association  
One McInnis Parkway, Suite 100, San Rafael, CA 94903-2764  
Main: (415) 473-6147 • Fax: (415) 473-4179 • Web: [www.mccera.org](http://www.mccera.org)

## DISABILITY RETIREMENT APPLICATION

(PLEASE PRINT OR TYPE)

### SECTION 1: APPLICATION TYPE

I have become permanently incapacitated from the performance of my duties and, accordingly, I hereby apply for:

☐ Service connected disability retirement    ☐ Non-service connected disability retirement

### SECTION 2: APPLICANT INFORMATION

LAST NAME		FIRST NAME		SOCIAL SECURITY NUMBER	
MAILING ADDRESS				BIRTHDATE	AGE
CITY	STATE/COUNTRY	ZIP CODE		GENDER <input type="checkbox"/> Male <input type="checkbox"/> Female	
HOME PHONE	CELL PHONE			WORK PHONE	
EMAIL ADDRESS					
MARITAL STATUS Check all that apply: <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Divorced after membership entry <input type="checkbox"/> Single <input type="checkbox"/> Widowed ► Please provide a copy of <u>government-issued</u> proof of birth (birth certificate, passport, etc.) and marriage certificate/state registered partnership certificate for the person identified below.					
SPOUSE LAST NAME		SPOUSE FIRST NAME		SPOUSE SOCIAL SECURITY NUMBER	

### SECTION 3: CURRENT EMPLOYMENT INFORMATION

EMPLOYER	DEPARTMENT	DATE LAST WORKED
LAST POSITION HELD	SUPERVISOR	YEARS OF SERVICE
CURRENT EMPLOYMENT STATUS (CHECK ALL THAT APPLY) <input type="checkbox"/> Working _____ hours per week <input type="checkbox"/> Receiving 4850 time <input type="checkbox"/> Retired on (date): _____ <input type="checkbox"/> Sick leave with compensation <input type="checkbox"/> Resigned or terminated from service <input type="checkbox"/> Sick leave without compensation <input type="checkbox"/> Working modified schedule or with accommodation <input type="checkbox"/> Other (please specify): _____		

### SECTION 4: ATTORNEY INFORMATION

Are you, or will you be, represented in this application for disability retirement by an attorney?

☐ Yes    ☐ No

If you answered "Yes" please complete the information below and the Statement of Legal Representation form in this packet, or submit a Letter of Representation from your attorney.

ATTORNEY NAME	LAW FIRM NAME
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**MCERA DISABILITY RETIREMENT APPLICATION**

LAST NAME

**SECTION 5: DESCRIPTION AND ONSET OF SUBJECT INJURY/ILLNESS**

**5A** Describe specifically the injury or illness that you claim is causing you to be permanently disabled from performing your duties.

**5B** How and where did the injury or illness occur? Please answer completely.

**5C** On what date were you injured, or first noticed that you were ill? \_\_\_\_\_

**5D** If your disability is the result of a job-related injury, list all of the witnesses who observed the injury. Give names, work locations, telephone numbers and addresses of such persons and state your relationship to each. Please use an additional sheet if necessary.

**WITNESS 1**

WITNESS' NAME

WITNESS' WORK LOCATION

WITNESS' STREET ADDRESS

RELATIONSHIP TO APPLICANT

WITNESS' PHONE NUMBER

WITNESS' CITY/STATE/ZIP

**WITNESS 2**

WITNESS' NAME

WITNESS' WORK LOCATION

WITNESS' STREET ADDRESS

RELATIONSHIP TO APPLICANT

WITNESS' PHONE NUMBER

WITNESS' CITY/STATE/ZIP

**WITNESS 3**

WITNESS' NAME

WITNESS' WORK LOCATION

WITNESS' STREET ADDRESS

RELATIONSHIP TO APPLICANT

WITNESS' PHONE NUMBER

WITNESS' CITY/STATE/ZIP

**WITNESS 4**

WITNESS' NAME

WITNESS' WORK LOCATION

WITNESS' STREET ADDRESS

RELATIONSHIP TO APPLICANT

WITNESS' PHONE NUMBER

WITNESS' CITY/STATE/ZIP



## MCERA DISABILITY RETIREMENT APPLICATION

LAST NAME

### SECTION 6: JOB DESCRIPTION AND ESSENTIAL FUNCTIONS

Please attach a copy of the job description for the position that you currently hold. County of Marin employee job descriptions are available on the County's Human Resources website. If you need assistance please contact the MCERA Disability Coordinator.

Please answer the following questions.

**6A** Is the job description accurate? ☐ Yes ☐ No

**6B** If you answered "No" to question 6A, please list the duties you performed which you feel are omitted from the description. Also, list those duties included in the description which you did not perform on a regular and routine basis.

**6C** Please list the usual and customary duties of your position and whether you are able to perform them.

_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**6D** State in detail the duties you cannot now perform due to your injury or illness.

### SECTION 7: WORKERS' COMPENSATION RELATING TO SUBJECT INJURY/ILLNESS

**7A** Have you filed a Workers' Compensation claim relating to the injury or disease for which this disability retirement application is filed?

☐ Yes ☐ No

**7B** If you answered "Yes" to question 7A, please complete the following.

Claim Number: \_\_\_\_\_ Date Claim Submitted: \_\_\_\_\_

Status of Claim: ☐ Pending ☐ Approved ☐ Denied

**7C** If you answered "No" to question 7A, please explain why a claim was not submitted.

**MCERA DISABILITY RETIREMENT APPLICATION**

LAST NAME

**SECTION 8: PHYSICIAN INFORMATION RELATING TO SUBJECT INJURY/ILLNESS**

List the names, addresses and telephone numbers of all physicians and health care providers consulted for diagnosis or treatment relating to the injury or illness for which this disability retirement application is filed. Include approximate dates of consultation, if known. Please include all physicians or health care providers with whom you have appointments scheduled for additional medical services in the future that pertain to this injury or illness. Please attach a separate sheet if necessary.

**MEDICAL PROVIDER 1**

PROVIDER NAME	STREET ADDRESS	REASON FOR VISIT
PHONE NUMBER	CITY/STATE/ZIP	DATES OF TREATMENT

**MEDICAL PROVIDER 2**

PROVIDER NAME	STREET ADDRESS	REASON FOR VISIT
PHONE NUMBER	CITY/STATE/ZIP	DATES OF TREATMENT

**MEDICAL PROVIDER 3**

PROVIDER NAME	STREET ADDRESS	REASON FOR VISIT
PHONE NUMBER	CITY/STATE/ZIP	DATES OF TREATMENT

**MEDICAL PROVIDER 4**

PROVIDER NAME	STREET ADDRESS	REASON FOR VISIT
PHONE NUMBER	CITY/STATE/ZIP	DATES OF TREATMENT

**SECTION 9: INFORMATION RELATING TO SIMILAR INJURY/ILLNESS**

**9A** Have you ever received treatment for a similar injury or illness? ☐ Yes ☐ No

**9B** If you answered "Yes" to question 9A, please provide the names, addresses, telephone numbers and dates of treatment for all physicians or health care providers. Indicate if the consultation resulted in a Workers' Compensation claim being filed.

**MEDICAL PROVIDER 1**

MEDICAL PROVIDER NAME	STREET ADDRESS	DATES OF TREATMENT
PHONE NUMBER	CITY/STATE/ZIP	WORKERS COMPENSATION CLAIM <input type="checkbox"/> Filed <input type="checkbox"/> Not filed

**MEDICAL PROVIDER 2**

MEDICAL PROVIDER NAME	STREET ADDRESS	DATES OF TREATMENT
PHONE NUMBER	CITY/STATE/ZIP	WORKERS COMPENSATION CLAIM <input type="checkbox"/> Filed <input type="checkbox"/> Not filed

**MEDICAL PROVIDER 3**

MEDICAL PROVIDER NAME	STREET ADDRESS	DATES OF TREATMENT
PHONE NUMBER	CITY/STATE/ZIP	WORKERS COMPENSATION CLAIM <input type="checkbox"/> Filed <input type="checkbox"/> Not filed

**MCERA DISABILITY RETIREMENT APPLICATION**

LAST NAME

**SECTION 10: OTHER CURRENT AND PRIOR EMPLOYMENT INFORMATION**

- 10A** Are you presently employed, full-time, part-time, or otherwise, or do you do volunteer work for anyone other than the employer under which you incurred the injury or illness for which this disability retirement application is filed?
- ☐ Yes ☐ No

- 10B** If you answered "Yes" to question 10A, please list the employer or volunteer organization, address, telephone number and your job duties.

**CURRENT EMPLOYER/VOLUNTEER ORGANIZATION 1**

EMPLOYER NAME	STREET ADDRESS	PHONE NUMBER
SUPERVISOR	CITY/STATE/ZIP	<input type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> Other: _____
JOB DUTIES		

**CURRENT EMPLOYER/VOLUNTEER ORGANIZATION 2**

EMPLOYER NAME	STREET ADDRESS	PHONE NUMBER
SUPERVISOR	CITY/STATE/ZIP	<input type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> Other: _____
JOB DUTIES		

**CURRENT EMPLOYER/VOLUNTEER ORGANIZATION 3**

EMPLOYER NAME	STREET ADDRESS	PHONE NUMBER
SUPERVISOR	CITY/STATE/ZIP	<input type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> Other: _____
JOB DUTIES		

- 10C** Please list all prior employers (including other County or City departments or agencies), dates of employment, and name of supervisor for whom you have worked in the last ten (10) years. Please attach a separate sheet if necessary.

**PRIOR EMPLOYER 1**

EMPLOYER NAME/DEPARTMENT	STREET ADDRESS	SUPERVISOR PHONE NUMBER
SUPERVISOR	CITY/STATE/ZIP	DATES OF EMPLOYMENT

**PRIOR EMPLOYER 2**

EMPLOYER NAME/DEPARTMENT	STREET ADDRESS	SUPERVISOR PHONE NUMBER
SUPERVISOR	CITY/STATE/ZIP	DATES OF EMPLOYMENT

**PRIOR EMPLOYER 3**

EMPLOYER NAME/DEPARTMENT	STREET ADDRESS	SUPERVISOR PHONE NUMBER
SUPERVISOR	CITY/STATE/ZIP	DATES OF EMPLOYMENT

**MCERA DISABILITY RETIREMENT APPLICATION**

LAST NAME

**SECTION 11: INFORMATION RELATING TO THIRD PARTY (AS APPLICABLE)**

**11A** Is it possible that your injury or illness was caused or related, in whole or in part, to any injury, problems or incident involving any third party, other than your most recent employer?

☐ Yes ☐ No

**11B** Have you filed, or are you considering filing, any claim or lawsuit against any third party or its insurance company for any injury, disability, or loss of past or future income or earning capacity?

☐ Yes ☐ No

**11C** If applicable, include the name, address and telephone number of the third party(ies) and/or insurance company(ies). Please attach a separate sheet if necessary.

**THIRD PARTY 1**

PARTY NAME

STREET ADDRESS

PHONE NUMBER

CITY/STATE/ZIP

**THIRD PARTY 2**

PARTY NAME

STREET ADDRESS

PHONE NUMBER

CITY/STATE/ZIP

**11D** If applicable, what is the status of your claim or lawsuit against the third party(ies)?

**11E** Are you, or will you be, represented by an attorney in connection with your claim or lawsuit against the third party?

☐ Yes ☐ No

If you answered "Yes" please provide the information for your attorney, below.

ATTORNEY NAME

LAW FIRM

WORK PHONE

ATTORNEY ADDRESS

CELL PHONE

CITY

STATE/COUNTRY

ZIP CODE

EMAIL ADDRESS

**SECTION 12: ADDITIONAL INFORMATION SUPPORTING DISABILITY APPLICATION**

Include any further information you can offer to help the Board of Retirement in determining whether or not you meet the criteria for a disability retirement. Attach additional pages as necessary.

## MCERA DISABILITY RETIREMENT APPLICATION

LAST NAME

### SECTION 13: PHYSICIAN INFORMATION RELATING TO ALL OTHER HEALTH MATTERS

List the names, addresses and telephone numbers of all physicians and health care providers consulted for any other reason during the five (5) years preceding the onset of the injury or illness for which this disability retirement application is filed. Include approximate dates of consultation, if known. Please attach a separate sheet if necessary.

#### MEDICAL PROVIDER 1

PROVIDER NAME	STREET ADDRESS	REASON FOR VISIT
PHONE NUMBER	CITY/STATE/ZIP	DATES OF TREATMENT

#### MEDICAL PROVIDER 2

PROVIDER NAME	STREET ADDRESS	REASON FOR VISIT
PHONE NUMBER	CITY/STATE/ZIP	DATES OF TREATMENT

#### MEDICAL PROVIDER 3

PROVIDER NAME	STREET ADDRESS	REASON FOR VISIT
PHONE NUMBER	CITY/STATE/ZIP	DATES OF TREATMENT

#### MEDICAL PROVIDER 4

PROVIDER NAME	STREET ADDRESS	REASON FOR VISIT
PHONE NUMBER	CITY/STATE/ZIP	DATES OF TREATMENT

### SECTION 14: APPLICANT SIGNATURE

#### PLEASE NOTE:

This application does not replace any medical and/or other documentation which you may wish to submit in support of your application. It is the responsibility of the applicant to submit all supporting evidential data including, but not limited to, copies of x-rays, MRI, CT scans, or any other tests or films, preferably on CD. Failure to submit all tests and records will delay consideration of your application.

You must provide the original plus three (3) copies of the application and all supporting documentation you wish to submit.

I hereby authorize MCERA to obtain my medical records, to contact the attorney identified in this application, or any attorney that I may appoint in the future, to discuss my application and my medical records. I have included the general medical release and Kaiser release forms with my application.

I declare under penalty of perjury that the foregoing is true and correct.

APPLICANT SIGNATURE	DATE
AUTHORIZED EMPLOYER SIGNATURE *	DATE *

\* Required only when employer files on behalf of the employee.



Marin County Employees' Retirement Association  
One McInnis Parkway, Suite 100, San Rafael, CA 94903-2764  
Main: (415) 473-6147 • Fax: (415) 473-4179 • Web: [www.mccera.org](http://www.mccera.org)

## STATEMENT OF LEGAL REPRESENTATION

### SECTION 1: APPLICANT INFORMATION

LAST NAME	FIRST NAME	SOCIAL SECURITY NUMBER
STREET ADDRESS		CITY/STATE/ZIP

### SECTION 2: AUTHORIZATION

This is to advise that I have retained the firm stated below in Section 3 as my Attorney(s) and legal representative(s) for the purposes of prosecuting my Application for Service Connected/Non-Service Connected Disability Retirement Benefits filed with the Marin County Employees' Retirement Association (MCERA).

The scope of representation by the above-mentioned Attorney(s)/Firm is limited as follows:

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☐ Please check here if there are no limitations

### SECTION 3: LEGAL REPRESENTATIVE INFORMATION

ATTORNEY NAME	LAW FIRM NAME
STREET ADDRESS	
CITY, STATE, ZIP	PHONE
EMAIL	
ATTORNEY SIGNATURE	DATE



# AUTHORIZATION FOR RELEASE OF MEDICAL, PSYCHIATRIC AND EMPLOYMENT RECORDS AND INFORMATION

Marin County Employees' Retirement Association  
One McInnis Parkway, Suite 100, San Rafael, CA 94903-2764  
Main: (415) 473-6147 • Fax: (415) 473-4179 • Web: [www.mcera.org](http://www.mcera.org)

## SECTION 1: APPLICANT INFORMATION

LAST NAME	FIRST NAME	SOCIAL SECURITY NUMBER
STREET ADDRESS		CITY/STATE/ZIP

## SECTION 2: AUTHORIZATION

I, the undersigned, hereby authorize any and all physicians, hospitals, medical groups and other providers of health service and Tristar Risk Management and/or any other Workers' Compensation insurer or adjuster, to release to the Marin County Employees' Retirement Association (MCERA) any and all medical, psychiatric and psychological records, reports, or other writings relative to my past and present medical and/or psychological condition. I authorize the release of all medical, psychological and psychiatric records notwithstanding and with a waiver of California Assembly Bill 435, Civil Code §56 *et seq.*, and Labor Code §3751 and §3762 *et seq.*

The medical information disclosed pursuant to this authorization may be provided to the staff, Board and attorneys of the MCERA for use in connection with processing, adjudication and determination of my application for a disability retirement.

I hereby authorize my past, present and future employers to release to MCERA any and all documentation contained in the undersigned's Personnel File maintained by the Human Resources Department, any other Department of the undersigned's Employer and/or any file maintained by the undersigned's Supervisor(s).

This authorization shall remain effective during the pendency of my application for a disability retirement or two (2) years after the date this release is signed by me, whichever is earlier. I have been advised by this sentence that I have a right to a copy of this authorization. A photocopy of this signed authorization shall be as valid as the original.

APPLICANT SIGNATURE	DATE
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Kaiser Foundation Hospitals  
Permanente Medical Groups

## AUTHORIZATION FOR USE OR DISCLOSURE OF PATIENT HEALTH INFORMATION

Note: Fees may apply to certain requests

**Patient Name:** \_\_\_\_\_  
**Kaiser #** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
**City:** \_\_\_\_\_  
**State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_  
**Phone #:** ( ) \_\_\_\_\_  
**Email:** \_\_\_\_\_

**Kaiser Permanente will not condition treatment, payment, enrollment or eligibility for benefits on providing, or refusing to provide this authorization.**

**This authorizes the following Kaiser Permanente Medical Center(s):** \_\_\_\_\_

to disclose information as specified below for the following purpose(s): \_\_\_\_\_

DISABILITY RETIREMENT APPLICATION

**Kaiser Permanente may disclose this information to:**

☐ Check if same as above (disclosure to patient)

**Recipient Name:** MARIN COUNTY EMPLOYEES' RETIREMENT ASSN

**Address:** 1 MCINNIS PKWY, SUITE 100

**City:** SAN RAFAEL

**State:** CA **Zip Code:** 94903

**Phone #:** (415) 473-6147 **Fax #:** (415) 473-4179

**Email:** LMARTINEZ@MARINCOUNTY.ORG

**Copies of records or medical record information within the following dates:** \_\_\_\_\_ to \_\_\_\_\_

☒ Both Hospital and Medical Office Records ☐ Medical Office Records ☐ Hospital Records

☐ Records limited to a specific provider: \_\_\_\_\_ or department: \_\_\_\_\_

☒ X-Ray films ☒ X-Ray Digital Images ☒ Laboratory Results

**NOTE: Hospital and Medical Office records may include disclosure of information related to mental health, alcohol/drug, and HIV references contained within those records as part of this authorization.**

**The actual treatment records from mental health, or alcohol/drug departments, or results of HIV antibody tests are specifically protected, and will not be disclosed unless you sign below.**

Mental Health department records → **Signature:** \_\_\_\_\_

Alcohol / Drug dependency treatment records → **Signature:** \_\_\_\_\_

HIV antibody test results → **Signature:** \_\_\_\_\_

**Media Type:** ☒ Electronic ☐ Paper

**Delivery Preference:** ☐ Email/Secure Portal ☒ Mail ☐ Pickup

**DURATION:** This authorization shall remain in effect for one year from the date of signature unless a different date is specified here \_\_\_\_\_ (date).

**REVOCATION:** You or your representative can revoke this authorization upon written request. If you revoke, it will not affect information disclosed before the receipt of the written request.

**REDISCLOSURE:** Once this health information is disclosed, how the recipient further discloses it may no longer be protected under federal privacy law (HIPAA). California recipients are required to obtain your authorization before further disclosing this information.

If you are requesting a form to be completed, we may substitute a standardized version of the form that provides the same or similar information requested.

A copy of this authorization is as valid as an original. I have the right to receive a copy of this authorization.

**Date** \_\_\_\_\_

**Signature** \_\_\_\_\_

If not patient, print your name and relationship \_\_\_\_\_



**AUTHORIZATION FOR RELEASE  
OF HEALTH INFORMATION**

I authorize \_\_\_\_\_

(Name of person or facility which has information - example: UCSF/Mt. Zion)

to release health information to:

MARIN COUNTY EMPLOYEES' RETIREMENT ASSOCIATION

Name of person or facility to receive health  
information (full address)

MARIN COUNTY EMPLOYEES' RETIREMENT ASSOCIATION

Street address:

ONE MCINNIS PARKWAY, SUITE 100

City, State, Zip Code

SAN RAFAEL, CA 94903-2764

**The purpose of this release is  
for (check one or more):**

- ☐ Continuity of care or  
discharge planning
- ☐ Billing and payment of bill
- ☐ At the request of the patient/  
patient representative

☒ Other (state reason) \_\_\_\_\_  
DISABILITY RETIREMENT  
APPLICATION

**Please specify the health information you authorize to be released:**

Type(s) of health information: ALL MEDICAL RECORDS, X-RAYS AND LAB RESULTS

Date(s) of treatment: PRESENT DATE THROUGH PREVIOUS FIVE (5) YEARS

**The following information will not be released unless you specifically  
authorize it by marking the relevant box(es) below:**

- ☒ Information pertaining to drug and alcohol abuse, diagnosis or treatment (42  
C.F.R. §§2.34 and 2.35).
- ☒ Information pertaining to mental health diagnosis or treatment (Welfare and  
Institutions Code §§5328, *et seq.*)
- ☒ Release of HIV/AIDS test results (Health and Safety Code §120980(g)).
- ☐ Release of genetic testing information (Health and Safety Code §124980(j)).

**EXPIRATION OF AUTHORIZATION**

Unless otherwise revoked, this Authorization expires \_\_\_\_\_ (insert  
applicable date or event). If no date is indicated, the Authorization will  
expire 12 months after the date of my signing this form.

Print Name

Signature (Patient, Parent, Guardian)

Date

Time

Relationship to Patient (Parent,  
Guardian, Conservator, Patient  
Representative)Requested format: ☐ Paper ☒ CD**AUTHORIZATION FOR RELEASE  
OF HEALTH INFORMATION**